

## Style Tips

### 20 Tips

Try on all of your favorite clothes. Take notes on how they fit and flatter you. Then shop for similar colors, fabrics, shapes and lengths.

A great fit can make an outfit, just as a poor fit can break it!

A well-cut suit is one of the most flattering outfits you can own. Remember: dark tones create a long line.

Choose a fingertip length jacket or one that falls mid-hip. Pants should be straight leg or boot cut and the hem should be worn slightly long.

Select flat knit, fine rib and jersey tops; Choose pants with flapless pockets, flat fronts with just enough stretch for added comfort.

Know thyself - Know your proportions!

Skinny bottom half? Wear a full top over narrow pants

Short waisted? Wear a long top and short skirt

Petite torso? Wear a fitted top with full pants

Long waisted? Pair a short top with long bottoms

Show off the trimmest parts of your body by combining a tight fitting piece with a loose fitting one.

Any color worn head to toe in a clean, unbroken line will produce a dynamically slimming effect.

Don't worry if separates don't match exactly. Tonal variations are a creative alternative.

Taller bodies can take larger prints and more contrast.

The darker a print's background, the slimmer the look.

Blouses: a collared shirt always gives a torso a few good inches and frames the face handsomely.

A slim v-neck makes the neck appear longer and is usually very flattering.

Boatnecks are great for minimizing waists and hips, while maximizing sexy shoulders.

If your legs are fuller inside, try a side slit. If your legs are fuller outside, a mid-front or back slit is a better choice.

There is never an excuse for panty lines! A thong is a girl's best friend - they even come with tummy control.

Bright colors bring attention to an area - make sure you wear them wisely and only on your most flattering body parts.

Dark hosiery is in this fall. While brightly colored turquoise and scarlet hose may look great in the store window, muted hues like teal and wine are much more flattering. Match the shoe and the hose color to tighten the look even more.

A shoulder bag tucked quietly under the arm is most flattering.

Stilettos are back and in spite of the discomfort at times - they make your legs look like a million dollars!

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### "The Laws of Attraction"

It's simple really...you're either found attractive or you're not. But first you have to be seen. That's where it's not so easy...or is it. Sometimes we over complicate it, but it's simple. **JUST STAND OUT.** The problem isn't you, it's all of us. People walk around with blinders on, blatantly ignoring or should I say intentionally not noticing things and people around us ( mostly people ).

So how do you stand out?

The first way to get noticed is through appearance. But not necessarily how you look. I know it sounds contradictory...but it comes down to this. You can spend an entire day making yourself look good; salon, tanning, hair, nails, etc.... and still not get noticed. Then you walk away feeling just un-attractive....it's true for men and women! When it's not what you look like...it's once again...you simply weren't noticed.... The solution is wear something different !!

Some Life style and attraction coaches call it "peacocking" ....but they all agree...what you wear is what makes you stand out or not ! Create an image, create a style, accessorize....don't be afraid to be bold....whether it's by dressing down or dressing up. Wear an interesting Tie...or Necklace...or Bracelet...or a cool and interesting hat...or all of the above!! Just be different and interesting and be you.

Live within the parameters of your own style...or your own identity...but be different ! This is true no matter what that identity is! If you like to ride Harleys...or you like to paint pictures...It doesn't matter. Accent who you are through what you wear...including your accessories.

Rick

The best way to wear a hat, Swanepoel suggests, "is with wit," adding that he generally applies a rule of opposites when selecting headgear. A woman with a round face, for example, should wear a square hat; one with a long face, a wide brim. As for hat hair? Well, even Swanepoel hasn't conquered that one yet.

—Laird Borrelli

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